

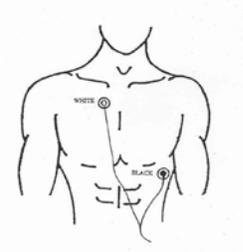


**PLEASE BE SURE TO CALL THE LAB @800-453-6466  
TO SEND IN AN INITIAL BASELINE**

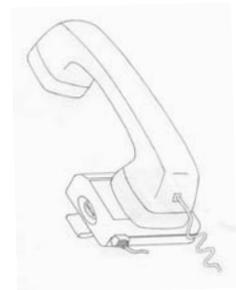
## Heartrak Smart™ Event Recorder Instructions



- ✓ Chest electrodes should be replaced every day. Prior to replacing the chest electrodes prepare the skin by rubbing each area with a dry facecloth or alcohol wipe. Chest electrodes should be replaced every day. **WHITE** – on the right, in the space just below your collarbone. **BLACK** on the left approximately 2 inches below the breast and between the 5<sup>th</sup> and 6<sup>th</sup> rib.



- ✓ Press the **RECORD** button on the top of the recorder to record an event. You will hear a short beep at the beginning and at the end of the recording.
- ✓ To transmit an event call **800-453-6466**. The nurse/technician will walk you through the steps.
- ✓ Take the recorder out of the holster. **IMPORTANT**: it is not necessary to unplug the wires from the monitor.
- ✓ Upon instruction from the nurse/technician press **PLAYBACK** to send the recording and place the mouthpiece of the phone over the speaker sign and leave flat on a table.



PLAYBACK      SPEAKER

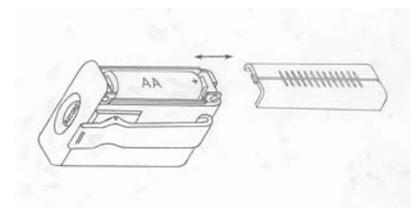


- ✓ After completion of the recording the nurse/technician will instruct you to clear memory by pressing the **RESET** button located at the bottom front of the unit.

RESET

### Other Information:

- ✓ Battery low indication is a single beep every 3 seconds until the battery is replaced.
- ✓ The memory **full** signal is a series of short beeps every 30 minutes.



***If you have any questions, please don't hesitate to contact us at anytime  
24 hours per day, 7 days per week at 800-453-6466.***

*Equipment must be returned immediately at the end of the monitoring period to Tolman Clinical Labs. Timely return of the monitor will allow for prompt processing of the data pertaining to your health. I understand that if I fail to return the monitor or if damage occurs to the unit I will be financially responsible for the replacement cost.*