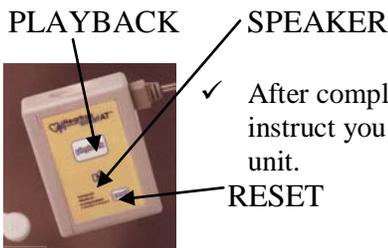
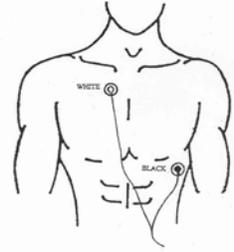


**PLEASE BE SURE TO CALL THE LAB @800-453-6466
TO SEND IN AN INITIAL BASELINE**

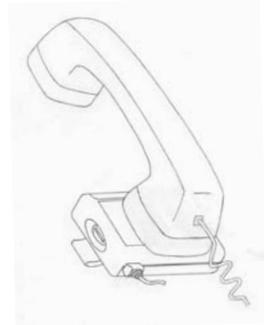


Heartrak Smart AT™ Event Recorder Instructions

- ✓ This Event Recorder that has been ordered for you has the capability to automatically detect high and low heart rates. The limits for the automatic detection have been determined by your physician.
- ✓ Chest electrodes should be replaced every day. Prior to replacing the chest electrodes prepare the skin by rubbing each area with a dry facecloth or alcohol wipe. Chest electrodes should be replaced every day. **WHITE** – on the right, in the space just below your collarbone. **BLACK** on the left approximately 2 inches below the breast and between the 5th and 6th rib.
- ✓ The sound has been turned on so that you can hear when the auto-detect function is activated. You will hear a series of sounds during the recording process. You will hear a short beep at the beginning, 30 seconds of heartbeats and a beep at the end of the recording.
- ✓ Upon completion of the recording please call us to transmit the event(s) call **800-453-6466**. The nurse/technician will walk you through the steps. *We recommend that you call us every morning to download any records that might have been automatically recorded during your sleep.*
- ✓ This Event Recorder can also be activated by you to make a recording. Press the **RECORD** button on the top of the recorder to record an event. Upon completion of the recording call to transmit as indicated above.
- ✓ Take the recorder out of the holster. **IMPORTANT:** it is not necessary to unplug the wires from the monitor.
- ✓ Upon instruction from the nurse/technician press **PLAYBACK/SEND** button to send the recording and place the mouthpiece of the phone over the speaker sign and leave flat on a table.

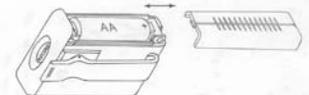


- ✓ After completion of the recording the nurse/technician will instruct you to clear memory by pressing the **RESET** button located at the bottom front of the unit.



Other Information:

- ✓ The battery will last approximately two weeks. Battery low indication is a single beep every 3 seconds until the battery is replaced.
- ✓ Your event recorder has been set for three events. The memory **full** signal is a series of short beeps every 30 minutes.



***If you have any questions, please don't hesitate to contact us
At anytime 24 hours per day, 7 days per week at 800-453-6466.***

Equipment must be returned immediately at the end of the monitoring period to Tolman Clinical Labs. Timely return of the monitor will allow for prompt processing of the data pertaining to your health. If you fail to return the monitor or if damage occurs to the unit you will be financially responsible for the replacement cost.