

## Cardiac Monitoring Care & Usage Tips

**Don't Use Electric Blankets:** They may be warm and comfy on cold New England nights; but electric blankets can cause a lot of problems with cardiac monitor readings. Please do not to use them while wearing your monitor.



### Take Care When Using Microwave Ovens:

Close proximity to microwaves can cause interference with cardiac recordings. Don't throw out your Microwave Oven; but please don't stand too close to it either when it's in use!



**No Duct Tape or Glue:** Duct Tape is great for lots of things; but it's not good for our monitors or your skin! If your monitor breaks or you're having problems with it; please DO NOT attempt repairs with glue or tape, just give us a call and we'll be happy to get you a replacement.



**Medical Tape is Great!** If your cardiac monitor wires are moving around, or getting tugged on, use some medical tape to hold everything in place.

Medical tape is available at most local pharmacies and it's gentle on the skin and our equipment so it's a great solution!

